



SUD INTENSIVE OUTPATIENT PROGRAMS

Trauma-informed, culturally responsive substance use IOP services for adolescents, young adults, and maternal populations.

Serving Colorado adolescents, young adults, women and families.

Adolescent SUD IOP *Ages 12–17*

- Substance use recovery and relapse prevention
- Understanding triggers, cravings, and high-risk situations
- Co-occurring anxiety, depression, and trauma concerns
- Healthy coping and emotional regulation
- Family, school, and peer support
- Recovery-focused decision-making and life skills



Young Adult SUD IOP *Ages 18–25*

- Substance use recovery and relapse prevention
- Co-occurring mental health and substance use concerns
- Trauma recovery
- Life transitions, college, work, and relationships
- Recovery support for young adults transitioning from foster care



Maternal SUD IOP *Ages 18–25*

- Pregnant and postpartum emotional support
- Substance use recovery during pregnancy and parenting
- Perinatal mood and anxiety concerns
- Trauma-informed recovery support
- Adjustment to parenting and family stability



Participation is based on clinical assessment, medical necessity, diagnosis, level-of-care needs, and program eligibility. Individuals requiring detoxification, acute medical stabilization, or a higher level of care will be referred to an appropriate provider.

What Families and Referral Partners Can Expect

- Small, supportive cohorts
- Integrated mental health and substance use treatment
- Structured therapeutic groups
- Individualized care planning
- Care coordination with community, medical, and recovery supports.
- Referral-friendly collaboration

GENERAL INFORMATION

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www.alpinesempowermentagency.com

REFER TO ALPINE'S



referrals@alpinesempowermentagency.com



719-347-1753

SUBMIT A SECURE REFERRAL



INSURANCE & PAYMENT

Insurance coverage varies by plan. Please contact Alpine's to verify current participation, eligibility, and benefits.





INTENSIVE OUTPATIENT PROGRAMS

Trauma-informed, culturally responsive IOP services for adolescents and young adults.

Serving Colorado adolescents, young adults, and families.

Adolescent MH IOP Ages 12–17

- Emotional regulation
- Anxiety & depression
- Trauma & family stress
- School & life challenges
- Adolescent and family support



Young Adult MH IOP Ages 18–25

- Trauma recovery
- Depression & anxiety
- Life transitions
- College, work, and relationship stress
- Support for young adults transitioning from foster care



Participation is based on clinical assessment, medical necessity, and program eligibility.

What Families and Referral Partners Can Expect

- Small, supportive cohorts
- Structured therapeutic groups
- Individualized care planning
- Culturally responsive, compassionate care
- Referral-friendly collaboration

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