ALPINE'S
EMPOWERMENT AGENCY

SUD INTENSIVE OUTPATIENT PROGRAMS

Trauma-informed, culturally responsive substance use IOP services for adolescents, young adults, and maternal populations.

Serving Colorado adolescents, young adults, women and families.

Adolescent SUD IOP Ages 12–17

- Substance use recovery and relapse prevention
- Understanding triggers, cravings, and high-risk situations
- Co-occurring anxiety, depression, and trauma concerns
- Healthy coping and emotional regulation
- Family, school, and peer support
- Recovery-focused decision-making and life skills



Young Adult SUD IOP Ages 18–25

- Substance use recovery and relapse prevention
- Co-occurring mental health and substance use concerns
- Trauma recovery
- Life transitions, college, work, and relationships
- Recovery support for young adults transitioning from foster care



Pregnant and Parenting Women's Substance Use IOP Ages 18 and up!

- Pregnant and postpartum emotional support
- Substance use recovery during pregnancy and parenting
- Perinatal mood and anxiety concerns
- Trauma-informed recovery support
- Adjustment to parenting and family stability



Participation is based on clinical assessment, medical necessity, diagnosis, level-of-care needs, and program eligibility. Individuals requiring detoxification, acute medical stabilization, or a higher level of care will be referred to an appropriate provider.

What Families and Referral Partners Can Expect

- Small, supportive cohorts
- Integrated mental health and substance use treatment
- Structured therapeutic groups
- Individualized care planning
- Care coordination with community, medical, and recovery supports.
- Referral-friendly collaboration

GENERAL INFORMATION

info@alpinesempowermentagency.com

www.alpinesempowermentagency.com

REFER TO ALPINE'S

referrals@alpinesempowermentagency.com

719-347-1753

SUBMIT A SECURE REFERRAL

INSURANCE & PAYMENT

Insurance coverage varies by plan. Please contact Alpine's to verify current participation, eligibility, and benefits.